

Main behavioral and health rules to follow when embarking on board the ITN Training Ships

- 1) The young people taking part to the activity, must be between 18 years old and 23 years not accomplished and they must have a good level of English knowledge;
- 2) during the whole activity, they must maintain a polite and correct behaviour both inside the ship than outside in case of free exit during the port visit of the Unit;
- 3) in all the circumstances, they will have to follow the guidelines and instructions given by the 2 ANMI Tutors who will embark with them, and the ship's staff;
- 4) misbehavior or improper conduct, may lead to immediate disembarkation at the first stop of the Unit in port;
- 5) they must be in good health and don't have any kind of serious medical problems (see certification in Annex 1);
- 6) they must not suffer from particular forms of allergy/intolerance that are not compatible with life and ship's environment;
- 7) in case of port visit, any free exits will be in accordance with times and procedures established by the Navy Staff;
- 8) on board the ship:
 - is absolutely forbidden to make use of drugs;
 - must be worn clothes suitable for the activity (see Annex 2 for the list of recommended items of clothing).
- 9) At their arrival on board the ship, the young people will have to show to the Duty personnel a:
 - a) valid Identity Document ;
 - b) medical certificate attesting that they are in good health and doesn't have any kind of medical problems (see Annex1);
 - c) declaration as per Annex 3.